



LADY BEAR PLAYERS EARN POSTSEASON HONORS

BOYERTOWN — Raelynn Mikell and Lauren Walker are each most valuable players, and head coach Bill Goddard was named coach of the year - twice - as the 2009 Pioneer Athletic Conference (PAC-10) champion Lady Bears soccer team garnered a record number of postseason individual honors in this season.

Mikell, a senior midfielder and co-captain, picked up Boyertown's first-ever All-PAC-10 MVP honor this season, while Walker, a senior defender, was named *The Mercury* Newspaper's All-Area Girls Soccer Player of the Year.

Joining Mikell on the All-PAC-10 first team are teammates Walker, Jenna Dubs, Hollie Garber and Lizzie Kish. Jenna Benfield, Jordy Heidelbaugh and Ashley Pardoski were named to the second team, while Kelsey Smith picked up honorable mention honors.

On the All-Area team, Garber, Kish and Mikell joined Walker on the first team, while Dubs, Heidelbaugh and Pardoski were named to the second team. Benfield, Smith, Kelly Furman and Danielle Lentz garnered honorable mention honors.

Lady Bears' head coach Bill Goddard was named coach of the year by both *The Mercury* and the PAC-10 girls soccer coaches after leading his team to a best-ever 17-4 record, its second straight PAC-10 division title, its first-ever PAC-10 championship and its first-ever appearance in the District 1 Class AAA quarterfinals. Goddard was also named All-PAC-10 Coach of the Year in 2003 and 2004. This was his first-ever coach of the year selection by *The Mercury*.

The individual honors come in addition to the 2008-09 team's earning of the of the National Soccer Coaches Association of America (NSCAA) Team Academic Award for exemplary performance in the classroom. The team, which boasted a cumulative grade point average of 3.52, earned the honor for the third straight season. To qualify for the award, a team must have a minimum GPA of 3.25 for the entire academic year. The team GPA is determined by every player's GPA, then dividing by the number of players on the team's official varsity roster.

About the Players Honored

Jenna Benfield earned her first-ever postseason honors this year after finishing sixth on the team in scoring with five goals and two assists. A sophomore midfielder, Benfield is credited with scoring the eventual PAC-10 championship game-winning goal.

Sophomore wing back **Jenna Dubs** was named to the All-PAC-10 and All-Area teams for the first time after being part of a defense that allowed a league-best 16 goals scored and added 10 clean sheets, also a league best, this season.

Kelly Furman, a junior center back, platooned the middle with Smith all season long, but it was her big throw that picked up most of the attention on her. Her All-Area Honorable Mention honor is the first of her career.

The Lady Bears' leading goalscorer this year with 10 goals and six assists, sophomore striker/midfielder **Hollie Garber** picked up her second straight All-Area First Team honor, while improving upon last year's second team All-PAC-10 selection.

Jordy Heidelbaugh made her second straight appearance on both second teams. A senior defensive midfielder, Heidelbaugh anchored a defensive corps responsible for allowing just 16 goals and posting 10 clean sheets, both tops in the PAC-10.

Junior goalkeeper **Lizzy Kish** became the first goalkeeper in Lady Bears history to earn first team honors on either team. Kish posted a league-best .800 goals against average to go along with her nine clean sheets, 16 wins and .814 save percentage. By virtue of her All-PAC-10 selection, Kish was also earned the Terry Underkoffler Golden Gloves Award as the league's top goalkeeper.

Outside midfielder **Danielle Lentz** capped off a fine rookie campaign this year en route to her first-ever high school postseason honor. Just a freshman, Lentz emerged as a starter midway through the season and finished the year third on the team in scoring with nine goals and three assists

Raelynn Mikell, who also earned *Philadelphia Inquirer* All-Southeastern Pa. Second Team, Southeastern Pa. Soccer Coaches Association All-Southeastern Pa. team and Pa. Soccer Coaches Association All-State team honors for the second straight year, was named to the All-PAC-10 First Team for the third time in her four-year Boyertown career, a school record. The University of Massachusetts recruit was named to the second team as a sophomore.

Ashley Pardoski capped her career in fine fashion picking up all-PAC-10 and All-Area honors for the third straight season. The senior wing back was named to the first team on both teams in both 2007 and 2008, and was part of a defensive unit this season that allowed just 16 goals and 10 clean sheets. Both were tops in the league.

Senior center back **Kelsey Smith** earned All-Area honorable mention honors for the second straight season, while picking up in the same honor on the All-PAC-10 team for the first time. Platooning all season with Furman, Smith was a defensive force in the middle and a key to the Lady Bears' league-best 16 goals allowed and 10 clean sheet season.

Lauren Walker came back in strong fashion in 2009 after suffering a season-ending knee injury in the 2008 PAC-10 championship game. The senior center back is the first-ever All-Area Player of the Year in Lady Bears history after anchoring a Boyertown back four that led the league with 16 goals allowed and 10 clean sheets.



Benfield



Dubs



Furman



Garber



Heidelbaugh



Kish



Lentz



Mikell



Pardoski



Smith



Walker



Goddard